

S A M P L E



*soul purpose*

C U R R I C U L U M   G U I D E



## **O U R M I S S I O N**

**Cultivate a community of college women who know their value, worth, and identity.**

## **O U R V I S I O N**

**Create an environment in which women walk through their college years following the plans and purpose of God.**

## **W H O W E A R E**

**We are an organization designed to teach college women their value, worth, and identity in Christ through intentional discipleship and authentic community. By building women up in their God given identity they can walk confidently in the plans of our Creator through college and beyond.**



# CORE *values*

## **We all were created by God with purpose**

For we are God's handiwork, created in Christ Jesus to do good works, which God prepared in advance for us to do. Ephesians 2:10

## **We believe in living according to a higher standard.**

He has saved us and called us to a holy life—not because of anything we have done but because of his own purpose and grace. This grace was given us in Christ Jesus before the beginning of time. 2 Timothy 1:9

## **We believe in creating a culture of life.**

For you created my inmost being;  
you knit me together in my mother's womb.  
I praise you because I am fearfully and wonderfully made;  
your works are wonderful,  
I know that full well.  
My frame was not hidden from you  
when I was made in the secret place,  
when I was woven together in the depths of the earth.  
Your eyes saw my unformed body;  
all the days ordained for me were written in your book  
before one of them came to be. Psalm 139:13-16

## **We believe in extending radical grace.**

For by grace you have been saved through faith. And this is not your own doing; it is the gift of God, not a result of works, so that no one may boast. Ephesians 2:8-9

## **We believe in the gospel as the living word of God.**

The sum of Your word is truth, And every one of Your righteous ordinances is everlasting. Psalm 119:160

## **We believe in bearing with one another in love.**

Be completely humble and gentle; be patient, bearing with one another in love.  
Ephesians 4:2

# CODE *of conduct*

The Statement of Faith and Code of Conduct is set by the Board of Directors for Bella Vita Network and dictates the belief system, including the ministry of Soul Purpose.

Code of Conduct:

We conduct ourselves at all times with openness, forthrightness, and honesty in dealing with people and organizations, both internally and externally.

We hold ourselves to the highest possible standards of conduct, always striving to avoid even the appearance of impropriety.

All of our communications are truthful, honest, and accurately describe the services we offer.

We operate in accordance with all applicable laws.

We treat others with kindness, compassion and in a caring and courteous manner.

We believe in the sanctity of life from the moment of conception to natural death.

We oppose abortion except to save the life of the Mother.

We believe in chastity outside of marriage and fidelity within. We believe in the sanctity of marriage between one man and one woman as taught in the Bible.

Therefore, all staff and volunteers commit to a lifestyle of sexual purity, and will refrain from engaging in sexual relationships outside the bonds of Christian marriage.

We live a lifestyle consistent with biblical values.

We believe that God wonderfully and immutably creates each person as either male or female. These two distinct, complementary sexes together reflect the image and nature of God.

# STATEMENT *of faith*

Soul Purpose believes that:

1. There is one God, who is omniscient, omnipresent, omnipotent, eternally existent in three persons: Father, Son and Holy Spirit.

2. Jesus Christ, the Son of God, is true God and true Man, being conceived by the Holy Spirit and born of the virgin Mary.

3. In the beginning, man was created in the image of God, but he fell into sin, thereby suffering both physical and spiritual death, resulting in separation from God. Because of God's love for mankind, He sent His only begotten Son, Jesus Christ, who was crucified on the cross as the perfect sacrifice for our sins. It is only through the perfect redemptive work of His death, burial, and resurrection that all who believe and receive Him by faith are born again of the Holy Spirit, partake of salvation, and become children of God through His shed blood. As children of God, we are called to surrender our lives in service and love under the Lordship of Jesus Christ.

4. Jesus Christ ascended into Heaven and sits at the right hand of God the Father, as an eternal High Priest and Intercessor. The Lord Jesus Christ has promised to return again and set up His Kingdom.

5. The Holy Spirit, our Comforter, resides with us to indwell, guide, teach and empower the believer. He also convicts the world of sin and coming eternal judgment for the just and the unjust. The unsaved will suffer eternal damnation in Hell; but the children of God will eternally rule and reign with our Lord Jesus Christ.

6. The Holy Bible, both Old Testament and New Testament, is the divinely inspired, inerrant Word of God. It is profitable for doctrine, for reproof, for correction, for instruction in righteousness and is the revelation of the will of God for mankind.

7. We believe in the spiritual unity of believers in our Lord Jesus Christ.

# HOW IT *works*

Soul Purpose is a national student organization that partners with Pregnancy Centers to establish a presence at their local college campus. We suggest planning ahead 3-6 months for a successful launch. Some things to consider, finding a staff member or volunteer who will be over Soul Purpose, we call this person your Campus Director. Soul Purpose can provide a general job description to help in that process. This position is typically 8-10 hours a week. Soul Purpose can aid in the process of presenting to your board, tips for cultivating donors, and recruiting students through your church relationships.



- Partner with Soul Purpose to become a Soul Purpose affiliate
- Fill Campus Director Role (8-10 hours a week recommended)
- Plan for National Director to train and equip Campus Director

## PRE LAUNCH PHASE

Receive Welcome Box

Works with Soul Purpose National Director to begin process of becoming a Student Organization

Utilize church & community partnerships to recruit students

Submits all necessary paperwork to become an approved student organization

Begin meeting with recruited students to establish leader team

Work with National Director to plan and prepare for first year ( 1 school year of strategic planning)

# BUILDING *blocks*



There are four areas of development for Soul Purpose including spiritual, community, outreach, internal. Each of these are essential in maintaining both a healthy organization as well as a growing organization.

**Spiritual development:** teaching biblical truth and principles, trusting God is the ultimate source in which our identity is found, and believing growth is best supported in the context of community.

**Internal development:** creating a strong community of women who commit to growing in friendship and community with each other. This involves creating environments in which women are free to be who God created them to be, safe environments to be vulnerable, and opportunities for personal growth.

# BUILDING *blocks*

**Community development:** being an active member of the campus community; God loves this campus, and so does Soul Purpose! In order to build relationships and friendships with other organizations, staff, and faculty there must be a physical presence. This involves participating in campus wide events, serving the campus, and building a positive reputation.

**Outreach development:** reaching women on campus through intentional, relatable, and FUN ways. We build by reaching those who may not be invited, accepted, or welcomed by anyone else. Party, party, and party some more! College is a huge social environment and by providing safe, healthy social events, students can still be involved without the negative influences.





# Rhythms of Soul Purpose

We have provided a guide for best practices for a successful program. In the beginning, start slow. You may just start off with monthly events and a bible study. Eventually, as you build your team, the other programming can be added.

## Outreach Flow

Campus Wide Event



invite to

Monthly Event



invite to

Bible Study | Mentorship



invite to

Small Group



invite to

Internal Event



invite to

Community Involvement

## Weekly

Bible Study

Small groups (evenings)

Leader meetings (week day)

Mentorship

## Monthly

Events

Internal Events

Community Involvement

## Yearly

Campaigns (2)

Leader Retreat

Conference

## Regular Habits

Prayer

Leader check-in

Keeping informed on campus events/dates

# SAMPLE calendar

## SEPTEMBER

S	M	T	W	T	F	S
			1	2	3 INVOLVEMENT FAIR	4
5	6	7	8 CANVAS PAINT NIGHT	9 BAGELS & BIBLES	10	11
12	13	14 SMALL GROUP	15	16 BAGELS & BIBLES	17	18
19	20	21 SMALL GROUP	22	23 BAGELS & BIBLES	24 MEMBER HANGOUT	25
26	27	28 SMALL GROUP	29	30 BAGELS & BIBLES	LEADER MEETING	



Weekly: Bible study | Small group



Monthly: Canvas Paint Night (Event) | Member hangout | Leader Meeting



Per Semester: Community Development (Involvement fair, Freshmen Launch)

**THIS IS JUST A SAMPLE SCHEDULE. YOU MAY NOT HAVE ALL PROGRAMING AT FIRST.**

# PRICING

## SOUL PURPOSE CHAPTER

### MONTHLY

full program

\$200/month

#### INCLUDES:

- Curriculum
- Starter Kit
- Training and Equipping
- Launch assistance
- Monthly check ins
- Program evaluations
- Community support

### YEARLY

full program

\$1,920/year

#### INCLUDES:

- Curriculum
- Starter Kit
- Training and Equipping
- Launch assistance
- Monthly check ins
- Program evaluations
- Community support

20%  
SAVINGS

#### •Curriculum

- PDF version
- Hard copy

#### •Starter Kit

- Promotional flyers (250)
- Tapestry
- SP T-shirts (2)
- 11x18 table sign
- Stickers (250)
- SP table cloth

#### •Training and Equipping

- National Director will spend time virtually or in person training your Campus Director (one on one) upon launching
- On going support and procedure review
- free resources (bible studies, devotionals, flyers, graphic designs)

#### •Launch Assistance

- Assist in getting Student Organization registered and approved
- Help in recruiting students
- Entire first year scheduled and planned out

#### •Monthly Check Ins

- Virtual check in with Campus director to support in programming, hurdles, and well being of Campus Director

#### •Program Evaluations

- End of the semester program evaluation with Campus Director and National Director

#### •Community Support

- Monthly virtual meeting with all Campus Directors nationally

# SAMPLE *budget*

## FALL SEMESTER OPERATING BUDGET

**THIS CAN BE ADJUSTED ACCORDING TO YOUR CENTERS BUDGET SIZE**

Sample Budget	August	September	October	November	December	Total
<b>Spiritual Development</b>						
Bible study	20	100	100	100	50	370
Discipleship	40	40	40	40	20	180
<b>Internal Development</b>						
Leader shirts	80					80
Leader appreciation					100	100
Leader retreat		500				500
<b>Community Development</b>						
Campus appreciation		100				100
Freshman launch	200					200
Involvement fair	100					100
<b>Outreach Development</b>						0
Events		200	200	200		600
Campaigns				50		50
<b>Total</b>						2280

## Event Budget Breakdown

### Canvas & Cake Night:

50 person event

Canvas: \$50  
 Paint: \$60  
 Paint brushes: \$18  
 Paint cups: \$3  
 Plates: \$5  
 Forks: \$3  
 Cake: \$40  
 Water bottles: \$8  
 Balloons: \$20  
 Tablecloths: \$12  
 Total: \$219

Other factors:

Flyers: \$100

Social media promotion: \$30

### Smaller Event Budget Breakdown:

#### Pancakes and Pajamas

25 person event

Pancake mix: \$5  
 Griddle: \$25  
 Plates: \$3  
 Forks: \$3  
 Mics toppings: \$15  
 Table cloths: \$5  
 Balloons: \$5  
 Total \$61

SAMPLE  
*bible study*

G O D

CREATOR. FRIEND. FATHER. FIRST LOVE. REDEEMER.

I S

*Soul Purpose*

LEADER GUIDE

## BEFORE YOU BEGIN!

Welcome to God Is bible study, we are so excited for you to lead this study. We hope this guide helps you lead well and dive deeper into relationships with each other and Jesus. Although this guide includes a framework for the study, allow the holy spirit room to move and reach the women in new ways. Some tips before we begin!

**1.Creativity:** Don't forget to make it yours, if you want to add an illustration, or share a personal story, do it! If there's an awesome sermon that goes along with the week, share it!

**2.Teach:** This one may seem silly, but don't assume everyone knows the bible or the traditional stories, that "we all know". There will be girls that don't know them. Do a quick review or ask someone to share a summary.

**3.Personalize:** Get to know one another, this one is huge! Answering and sharing personal things is not easy, so doing the icebreaker or having table questions are great ways to have conversations.

**4. Welcome:** Create a welcoming atmosphere. Smiles, hugs, music, food, and knowing names, are all great ways to make girls comfortable.

**5.Consistency:** The easiest way to bring girls to the bible study is to have it! Even if there are just a few showing up, keep showing up! Eventually, people will come.



## GOD YOUR CREATOR

### GOAL

Point the girls away from themselves and point them to Christ. This week is all about learning who our Creator is and how He views His daughters. The focus is despite who we are, we were made by God in His image, therefore it takes the pressure off of our performance.

**Welcome everyone in, provide snack/beverage available, and have the girls find a spot! Ask a girl to open up in prayer and begin!**

Before the creation of the earth, God already had you thought up in His mind. He saw every single day of your life and he formed you in your mother's womb. He knit you together, every characteristic, every unique thing about you, God designed. God the Creator of the heavens and the earth, says you are worth more than all of creation, He would sell off the whole world to get you back, trade the creation just for you (Isaiah 43:4).

The funny thing is God does not measure His love for us based on some checklist. He says I see you, right now in the midst of your situation, despite your mistakes, and regardless of your doubts, He says, you are mine I want you... will you follow Me?

Despite our mistakes, our bad days, our past, our future mistakes, we are loved. His love for us is deeper than the oceans and wider than the heavens [Ephesians 3:18]. We can't even grasp how vast His love for us is... isn't that crazy? Our human understanding of love does not even compare to the love our God has for us.

So we believe God loves us, now what? How do we live on this earth with the foundation that we are loved beyond our own understanding? How do we walk as if we truly believe God's love for us is greater than any human love or experience we could receive on this earth.

Let's discover what it looks like to live and walk on this earth with the understanding of who we were created to be.

Genesis: 1:26-31

So God created mankind in His own image, in the image of God He created them; male and female He created them. God blessed them and said to them, "Be fruitful and increase in number; fill the earth and subdue it. Rule over the fish in the sea and the birds in the sky and over every living creature that moves on the ground." Then God said, "I give you every seed-bearing plant on the face of the whole earth and every tree that has fruit with seed in it. They will be yours for food. And to all the beasts of the earth and all the birds in the sky and all the creatures that move along the ground—everything that has the breath of life in it—I give every green plant for food." And it was so. God saw all that he had made, and it was very good. And there was evening, and there was morning—the sixth day.

### Pause after reading Genesis 1:26-31.



Do you view yourself as created in the image of God? If not, how do you view yourself?

Why do you think it's hard for us to think of ourselves as good, even though God created us and said declared we ?

Psalm 139:11

"I praise You because I am fearfully and wonderfully made, Your works are wonderful. I know that full well. My frame was not hidden from You when I was made in the secret place. When I was woven together in the depths of the earth, Your eyes saw my unformed body. All the days ordained for me were written in Your book before one of them came to be.

### SCRIPTURE OF THE WEEK

"Before I formed you in the womb, I knew you. Before you were born I set you apart."

Jeremiah 1:5



# WEEK 1

## LEADER WEEK 1 GUIDE

Often times we get so caught up in who we think we are supposed to be. Whether it's how we wish we looked, what personality we wish we had, how well we do in school or sports, or how great of a person we wish we were. And sometimes I feel like God is just waiting for us to finally accept the person he uniquely created. Between comparing ourselves to our friends, celebrities, or just the standard this world created for us, it can be hard to remember where we find our identity.

**Discussion point: What areas of your life do you feel like you never measure up, or fall short in? Examples: School? Relationships? Appearance? Parents?**

After God created the earth and man, the Bible says, God saw all that He had made, and it was very good. Can you imagine God saying that after he formed you, he says your name and proclaims His goodness over you.

I believe in order to fully dive deeper into God is, we have to first understand all that we are to God.

Now I know we all listen to exactly everything we ever read....(insert sarcasm) but I would like to challenge you to make an effort to start believing really who you are and WHOSE you are. When those doubts about how you look or that you aren't achieving enough come, simply remind yourself, I am not the sum of my career or my grades. I am loved beyond measure and was created with a purpose far beyond what a grade or scale can determine.

### BIG IDEA

God not only created the heavens and the earth, he created you. He formed you in His own image.



## FINAL THOUGHTS

### READ SCRIPTURE OF THE WEEK

Before I formed you in the womb, I knew you. Before you were born I set you apart. Jeremiah 1:5

### QUESTIONS:

How can we live differently knowing this truth?

How do you live set apart?



Pass out notecards and put on worship music. Have girls write 3 lies they believe about themselves and 3 truths they can replace them with.

### CLOSING

Prayer requests and closing prayer

# SAMPLE



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